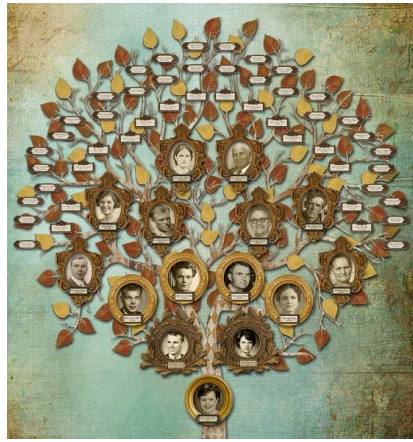


UNCOVERING THE AUTHENTIC SELF
ADVANCED FACILITATOR TRAINING
IN
FAMILY & SYSTEMIC CONSTELLATIONS
An Experiential Trauma-Responsive Approach
Five Days in October 2023



This 5 day training is for those who have taken one or more 16-20 day Family and Systemic Constellations training with a teacher or institute and want to enhance their facilitator skills, deepen their knowledge of the principles of this work, and continue their personal development.

The practices in this training will focus on some of the dynamics that lead to a loss of self, a loss of self-agency, that happen in all children. These events include entanglement with unresolved issues in the family system, unresolved trauma, toxic shame, and parentification.

Unresolved Trauma will be addressed through creating safety, presence, energetic boundaries, pacing, titrating, resourcing, invitational language, gentleness, and nonjudgment.

Toxic Shame is a debilitating state that is a fundamental and often unconscious dynamic operating in most human relationships. Healing movements will be explored.

Parentification includes looking at the healing of 'role reversal' where children take on the task of being a companion to or a parent of a parent, or involved in the relationships of their parents.

Entanglements refers to the taking on of an unresolved family issue or issues by a descendant. Healing of these entanglements is foundational in family constellations.

FULL DETAILS AT: www.soul-guide.com

Dates: *Monday 7th – Friday 11th October 2023*

Times: *9 am – 5 pm each day*

Fees: ***\$850** (\$875 through PayPal) due by 9th September 2023
Early bird of \$800 (\$825 through PayPal) by 1st August 2023
\$200 deposit to hold your place; full payment by 9th Sept. 2023
Refunds less \$100 until 1st September 2023
No refunds after 1st Sept. 2023
All prices are in Canadian dollars*

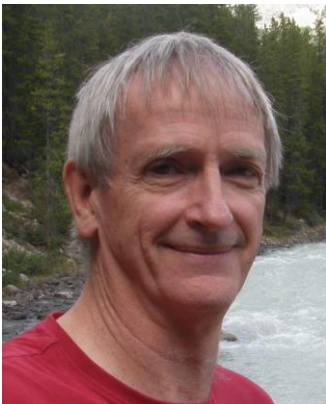
Location: *#2 10865 96 Street NW, Edmonton, Alberta T5H 2K2, Canada*

Class Size: *A maximum of 8 participants.*

Prerequisite: *Participants must have completed a training of at least 16 days with a constellations teacher or institute.*

Registration: **contact JONATHAN HOOTON**
(780) 426-1508 jonathan@soul-guide.com

Jonathan Hooton, PhD, SEP has extensive professional training and experience over the last seventeen years in Family and Systemic Constellations, having taken professional trainings with the founder Bert Hellinger and other international facilitators including Francesca Mason Boring, Jane Peterson, Mark Wolynn, and Sneh Victoria Schnabel. He has been teaching this approach for twelve years and presented an integrated approach to working with ancestral and individual trauma and with shame at the North American Systemic Constellations Conferences in 2015 and 2022. He has had articles on trauma (2016) and shame (2019)



published in The Knowing Field. His work is grounded in body-centred therapies including Somatic Experiencing trauma therapy (SE), Integrative Body Psychotherapy (IBP), Specialized Kinesiology, Pre- and Perinatal Development and Philosophical (Soul) Counseling. He facilitates frequent Family Constellations workshops, and teaches personal development and self-awareness classes using these modalities. He has a private practice seeing individuals, couples and families facing relationship, trauma, depression, anxiety, suicide, grief, illness, life-purpose, disconnection and identity issues.

www.soul-guide.com