

FACILITATOR TRAINING

IN

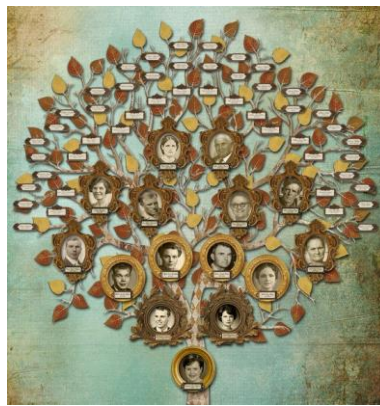
FAMILY & SYSTEMIC CONSTELLATIONS

An Experiential Trauma-Responsive Approach

7 THREE-DAY SESSIONS IN 2024

IN

IN EDMONTON, ALBERTA, CANADA



This 20 day training is for those participants wanting to learn about facilitating constellations in either a group or one-on-one process, constellation facilitators who want to deepen their facilitation skills and personal growth, and for those who want to pursue their own personal growth.

There are many similarities between working with an individual and with a group. The initial focus will be on the participant's own embodied processes and on understanding and experiencing the role of presence and co-regulation on the human nervous system in the creation of safety, first in one-on-one situations and then in group processes, and in resolving trauma in the individual and in the family system. The training will incrementally broaden perceptual and relational skills from working with an individual to working with groups. It is by experiencing and understanding our own embodied processes and nervous system adaptations that we are able to recognize and relate to those processes in the people who come for our help. It is in the context of safety, that trauma, whether personal or generational, is most effectively healed.

The training will include an experiential understanding of the foundational principles of Bert Hellinger's Orders of Love, Orders of Helping and Levels of Conscience, family and relational dynamics, attachment or bonding ruptures, self-, auto-, and co-regulation, and intergenerational trauma, grief, and shame resolution in order to support greater love, belonging, flow, resilience, and growth in life.

FULL DETAILS AT: www.soul-guide.com/training.html

Dates: *Friday 12th - Sunday 14th January 2024*
Friday 23rd - Sunday 25th February 2024
Friday 12th - Sunday 14th April 2024
Friday 7th - Sunday 9th June 2024
Friday 6th - Sunday 12th September 2024
Friday 25th - Sunday 27th October 2024
Friday 6th - Sunday 8th December 2024

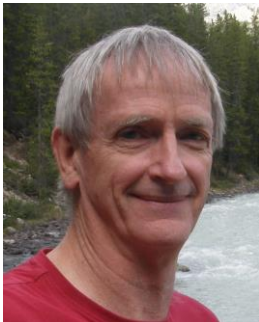
Times: *9 am – 5 pm each day*

Fees: ***\$3500 for the full 21 day training*** (\$3600 through PayPal)
EARLY BIRD: \$3255 (\$3350 through PayPal) ***by 15th November 2023***

\$250 (\$260 through PayPal) ***deposit to hold your place***
Refunds, less \$250, available until 30th November 2023
All prices are in Canadian dollars

Location: ***#2 10865 96 Street NW***
Edmonton, Alberta, T5H 2K2, Canada

Registration: ***contact JONATHAN HOOTON***
(780) 426-1508 [*jonathan@soul-guide.com*](mailto:jonathan@soul-guide.com)



Jonathan Hooton, PhD, SEP has extensive professional training and experience over the last seventeen years in Family and Systemic Constellations, having taken professional trainings with the founder Bert Hellinger and other international facilitators including Francesca Mason Boring, Jane Peterson, Mark Wolynn, and Sneh Victoria Schnabel. He has been teaching this approach for twelve years and presented an integrated approaches to working with ancestral and individual trauma and with shame at the North American Systemic Constellations Conferences in 2015 and 2022.

His work is grounded in body-centred therapies including Somatic Experiencing trauma therapy (SE), Integrative Body Psychotherapy (IBP), Specialized Kinesiology, Pre- and Perinatal Development (PPN), and Soul-Counseling. He facilitates frequent Family Constellations workshops, and teaches personal development and self-awareness classes using these modalities. He has a private practice seeing individuals, couples and families facing relationship, trauma, depression, anxiety, suicide, grief, illness, life-purpose, disconnection and identity issues.

www.soul-guide.com