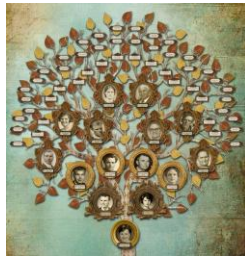


A 20-DAY FOUNDATIONAL COURSE IN LEARNING TO FACILITATE FAMILY & SYSTEMIC CONSTELLATIONS

**An Experiential In-Person
Trauma-Responsive Approach**

**FOUR FIVE-DAY SESSIONS IN 2027
HALIFAX, NOVA SCOTIA, CANADA**



This professional twenty-day training is for those wanting to learn how to facilitate constellations in either a group or one-on-one process. The facilitating skills learned in this program transfer to facilitating in other fields and to improving relational dynamics. The training will invite participants to heal ancestral entanglements and traumas in the family of origin. The relational patterns we all learn in our first family become templates for how we relate later in intimate and work relationships. Becoming aware of, and healing, those relational patterns allows us to be present with those who come for our help. This program is open to those who want to deepen their facilitation skills and personal growth, and for those who want to pursue their own personal growth.

The training will incrementally broaden perceptual and relational skills from working with an individual to working with groups. It is by experiencing and understanding our own embodied processes and nervous system adaptations that we are able to recognize and relate to those processes in the people who come for our help. It is in the context of safety, that trauma, whether personal or generational, is most effectively healed.

The training will include an experiential understanding of the foundational principles of Bert Hellinger's Orders of Love, Orders of Helping and Levels of Conscience. It will also include family relational dynamics including boundaries, attachment or bonding ruptures, self- and co-regulation, trauma resolution, toxic shame and inhibited grief in order to support greater love, belonging, flow, resilience, and growth in life.

FULL DETAILS AT: <https://soul-guide.ca/training/>

Dates: Thursday 4th – Monday 8th March 2027
Thursday 10th – Monday 14th June 2027
Tuesday 14th – Saturday 18th September 2027
Thursday 2nd – Monday 6th December 2027

Times: 9 am – 5 pm each day

Fees: **\$4,000 for the full 20 day training** (\$4125 with PayPal)
EARLY BIRD: \$3600 (\$3700 with PayPal) **by 15th December 2026**
2ND EARLY BIRD: \$3800 (\$3920 with PayPal) **by 15 January 2027**

OR: \$1,100 (\$1135 with PayPal)
for each module due one month before class starts

\$400 deposit to hold your place
Refunds, less \$400, available until 15th December 2026
All prices are in Canadian dollars

Location: **Fully Align Studio**
1423 Fall River Road, Fall River, Nova Scotia, Canada

Class size: **12 maximum**

Registration: **contact EMILY (JONATHAN) HOOTON**
(780) 426-1508 jonathan@soul-guide.com



Emily (Jonathan) Hooton, PhD, SEP (she/he/they) has extensive professional training and experience over the last twenty-one years in Family and Systemic Constellations, having taken professional trainings with the founder Bert Hellinger and many other international facilitators including Francesca Mason Boring, Jane Peterson, Mark Wolynn, Sneh Victoria Schnabel, and Johannes Schmidt. She has been teaching this approach for 17 years and presented at the North American Systemic Constellations Conference in November 2015 and in 2022. Her work is grounded in body-centred therapies including Somatic Experiencing trauma therapy (SE), Integrative Body Psychotherapy (IBP), Pre- and Perinatal Development, Specialized Kinesiology, and Soul-Counseling. She facilitates frequent Family Constellations workshops, and teaches personal development and self-awareness classes using these modalities. She has a private practice seeing individuals, couples and families facing relationship, gender, trauma, depression, anxiety, suicide, grief, illness, life-purpose, disconnection and identity issues.

www.soul-guide.ca